



Minnesota Department of Health Resource Updates As of 12/28/20

CDC

- New Year's Eve (includes tips, a video, and flyers): <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/new-years-eve.html>
- COVID-19 Racial and Ethnic Health Disparities: <https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/racial-ethnic-disparities/index.html>
- New Variant of Virus that Causes COVID-19 Detected: <https://www.cdc.gov/coronavirus/2019-ncov/transmission/variant.html>
- Understanding mRNA COVID-19 Vaccines: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mrna.html>
- Print Resources (multilingual): <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html>
- V-safe After Vaccination Health Checker: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html>
- Vaccines: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>

MDH

- NEW FLYERS AND EVENTS ADDED- Flyers for COVID-19 Community Testing Events: <https://www.health.state.mn.us/diseases/coronavirus/testsites/flyers/index.html>
- UPDATED- COVID-19 Vaccine: <https://www.health.state.mn.us/diseases/coronavirus/vaccine.html>
- COVID-19 Vaccine Data: <https://www.health.state.mn.us/diseases/coronavirus/vaccine/stats/>
- How COVID-19 Vaccines Are Made: <https://www.health.state.mn.us/diseases/coronavirus/vaxprocess.pdf>
- If You Are Sick: COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/sick.html>
- COVID-19 Test at Home, including translated flyers: <https://www.health.state.mn.us/diseases/coronavirus/testsites/athome.html#athome1>
- COVID-19: When to Return to Work: <https://www.health.state.mn.us/diseases/coronavirus/returntowork.pdf>
- Don't Delay Care for Medical Emergencies video in Chinese, Hmong, Nepali, Russian, Spanish, Swahili, and Vietnamese now in 9 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#sick>

- How COVID-19 Spreads in Communities Video in Nepali and Lao, now in 10 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#protect>
- FAQ about the COVID-19 Vaccine Video: <https://youtu.be/WHx3-FHVdbA>
- COVID-19 Vaccine Phases and Planning: <https://www.health.state.mn.us/diseases/coronavirus/vaccine/plan.html>
- Face Covering Requirements and Recommendations under Executive Order 20-81: <https://www.health.state.mn.us/diseases/coronavirus/facecover.html>
- FAQ About the Requirement to Wear Face Coverings (available in Hmong, Somali, and Spanish): <https://www.health.state.mn.us/diseases/coronavirus/facecoverfaq.html>
- Gathering Requirements for Celebrations and Significant Life Events: <https://www.health.state.mn.us/diseases/coronavirus/safeevents.pdf>
- Guidance for Gatherings: Faith- based Communities, Places of Worship and Ceremonies: <https://www.health.state.mn.us/diseases/coronavirus/guidefaith.pdf>
- Planning Funeral and Memorial Services during COVID-19: <https://www.health.state.mn.us/facilities/providers/mortsci/docs/planduringcovid.pdf>
- Guidance for Hmong Funerals during COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/hmongfuneral.pdf>
- COVID-19 Youth and Adult Sports under Executive Order 20-103: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>
- Music Activities and Performances During COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/musicguide.pdf>
- Guidance for Vehicle Gatherings, Parades, and Drive-ins: <https://www.health.state.mn.us/diseases/coronavirus/vehiclegather.pdf>
- COVID-19 Prevention Guidance for Youth and Student Programs: <https://www.health.state.mn.us/diseases/coronavirus/schools/socialdistance.pdf>
- Restaurants and Bars under Executive Order 20-103: <https://www.health.state.mn.us/diseases/coronavirus/safedining.pdf>
- Frequently Asked Questions: Bars, Restaurants, and Other Places of Public Accommodation: <https://www.health.state.mn.us/diseases/coronavirus/hospitalityfaq.pdf>
- Protect Yourself & Others: Traveling: <https://www.health.state.mn.us/diseases/coronavirus/prevention.html#travel>
- COVID-19 Holiday PSA Video, now in 11 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#protect>
- Safer Holiday Celebrations during COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/holidays.html>
- Avoiding Phone Scams: <https://www.health.state.mn.us/news/phonescams.html>
- COVID-19 Vaccine Information for Health Professionals: <https://www.health.state.mn.us/diseases/coronavirus/vaccine/index.html>
- COVID-19 Stories of Outreach and Partnership: <https://www.health.state.mn.us/diseases/coronavirus/stories/index.html>
- COVID-19 Community Coordinators: <https://www.health.state.mn.us/communities/equity/funding/ccf.html>
 - Call the Refugee and Immigrant Resettlement Network hotline at 651-318-0989

Governor's Office

- Frequently Asked Questions about Stay Safe MN: <https://mn.gov/covid19/stay-safe/faq/index.jsp>
- Emergency Executive Order 20-104 Safely Reopening Pools for Lap Swim, Lessons, and Organized Swim Teams: https://mn.gov/governor/assets/EO%2020-104_tcm1055-460965.pdf
- COVID-19 Vaccinations: <https://mn.gov/covid19/for-minnesotans/vaccine/index.jsp>
- Stay Safe MN: <https://mn.gov/covid19/for-minnesotans/stay-safe-mn/index.jsp>
- Keeping Minnesota Safe: <https://staysafe.mn.gov/>
- Executive Order 20-103 FAQ: https://mn.gov/covid19/assets/eo20103_faq_tcm1148-458389.pdf
- Emergency Executive Order 20-103- Extending and Modifying Executive Order 20-99: https://mn.gov/governor/assets/EO%2020-103%20Final_tcm1055-458404.pdf
- Safe Learning Plan for the 2020-21 School Year: <https://mn.gov/covid19/for-minnesotans/safe-learning-plan/overview.jsp>
- Stay Safe Guidance For Gyms, Studios, & Fitness Centers: <https://staysafe.mn.gov/industry-guidance/gyms-studios-fitness-centers.jsp>
- Translated Stay Safe MN media: <https://mn.gov/covid19/media/share-message/translations/index.jsp>
- Getting Tested for COVID-19: <https://mn.gov/covid19/for-minnesotans/if-sick/index.jsp>
- Download COVIDaware MN: <https://covidawaremn.com/>

Mental Health

- Public Health Worker Stress: Understanding the Emotional Impact of COVID-19 (MDH webinar recording): <https://youtu.be/rFiVgJGNcjw>

Funding

- Elevate Initiative (due January 11): <https://elevateinitiative.us/the-rfp-process/>
- Energy Assistance Program: <https://mn.gov/commerce/eap.jsp>

Workshops/Webinars

- Providing Traditional Medicine Sources to Youth Through Telehealth (January 5 at 6pm): https://us02web.zoom.us/meeting/register/tZYqfumorjlpGtyCZnk3_DnwABuujPc4jObb
- Challenges in COVID Vaccine Allocation & Distribution (January 8 at 12pm): https://umn.qualtrics.com/jfe/form/SV_beZQHsrKRJIFCE5
- MDH COVID-19 Community Partners Call: Health Equity (January 11 at 9am): [Register here](#)
- MDH Faith-Based Communities COVID-19 Update: Vaccines (January 11 at 11am): [Register here](#)
- Let's Talk: Conversation about COVID-19 with the MDH Disability Unit (January 12 at 11am): <https://zoom.us/meeting/register/tJwocuipqTMiHtQegrNuvY9Kzhy9VDESKYmV>
- Overdose Prevention and Response During the COVID-19 Pandemic (January 12 at 2pm): <https://register.gotowebinar.com/register/5896084236476166668>
- Beyond Tolerance: Overcoming Barriers to Care for LGBTQ2S+ Youth During COVID Lockdown (Feb. 2): https://us02web.zoom.us/meeting/register/tZcldeyqqj4oGdGzrzEKqj3nt7DxeP_6Jcw
- Unmasked: NAACP COVID-19 Virtual Town Hall (recording): <https://youtu.be/92fU7CiWlhg>
- Pandemics, Policing and Protest: On Racism, Adversity and Child Health (recording): https://youtu.be/D_aJqt3LqfU
- NICHQ Leading Equity Now in Systems of Care (recording): <https://www.nichq.org/resources/webinars#COVID-Equity-Recording>
- Mental Health and Substance Use Disorders in the Era of COVID-19: With a Special Focus on the Impact of the Pandemic on Communities of Color (recording): [Watch here](#)
- MN Office of Higher Education Public Engagement Calls (recordings): <https://www.youtube.com/playlist?list=PLiv8rljFakVbMy0IR5Edv5eXHGvdAu8Bx>

Other

- Resettlement Network: <https://mn.gov/dhs/people-we-serve/adults/services/refugee-assistance/>
- Pfizer-BioNTech COVID-19 Vaccine Translated Fact Sheets: <https://www.fda.gov/emergency-preparedness-and-response/coronavirus-disease-2019-covid-19/pfizer-biontech-covid-19-vaccine>
- Minnesota Unemployment Insurance for Students: <https://www.uimn.org/applicants/affectsbenefits/school/index.jsp>
- Foster Youth Covid-19 Impact Report: <https://www.fosteradvocates.org/covid-19-survey>
- MN Housing Foreclosure Prevention: <http://www.mnhousing.gov/sites/Satellite?c=Page&cid=1520382340548&pagename=External%2FPages%2FEXTStandardLayout>
- Safe Learning Plan: <https://education.mn.gov/MDE/dse/health/covid19/>
- Minneapolis COVID-19 Vaccine Survey in [English](#), [Hmong](#), [Spanish](#), and [Somali](#) (due Dec. 31)
- HmongPages: Showing the way in the time of the pandemic: https://youtu.be/kBYG_mjmEkk
- Nepali Kitchen and Groceries delivering free meals until 12/30: <http://www.groceries-nepalikitchen.com/>