



Minnesota Department of Health Resource Updates As of 11/23/20 Resource Updates

CDC

- This Holiday Season Do What's Best for You and Your Loved Ones: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/coping-holiday-stress.html>
- Celebrating Thanksgiving: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html>
- Considerations for Wearing Masks: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>
- Households Living in Close Quarters: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/living-in-close-quarters.html>
- How to Protect Yourself & Others: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
- Communication Resources: <https://www.cdc.gov/coronavirus/2019-ncov/communication/index.html>
- Support For Teens and Young Adults: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/stress-coping/young-adults.html>

MDH

- Safer Holiday Celebrations during COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/holidays.html>
- UPDATED GUIDANCE AVAILABLE- Community Settings: COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/communities.html>
- Planning Funeral and Memorial Services during COVID-19: <https://www.health.state.mn.us/facilities/providers/mortsci/docs/planduringcovid.pdf>
- Preparedness Plan Requirements for Faith-Based Communities, Places of Worship, Weddings, and Funerals: <https://www.health.state.mn.us/diseases/coronavirus/safefaith.pdf>
- Guidance for Gatherings: Faith-based Communities, Places of Worship and Ceremonies: <https://www.health.state.mn.us/diseases/coronavirus/guidefaith.pdf>
- Gathering Requirements for Celebrations and Significant Life Events: <https://www.health.state.mn.us/diseases/coronavirus/safeevents.pdf>

- COVID-19 Prevention Guidance for Youth and Student Programs: <https://www.health.state.mn.us/diseases/coronavirus/schools/socialdistance.pdf>
- Protect Yourself & Others: Traveling: <https://www.health.state.mn.us/diseases/coronavirus/prevention.html#travel>
- Types of COVID-19 Tests: <https://www.health.state.mn.us/diseases/coronavirus/testsites/types.html>
- COVID-19 Vaccine: <https://www.health.state.mn.us/diseases/coronavirus/vaccine.html>
- Preventing Spread of COVID-19 in Multifamily and Multigenerational Households, now in 12 languages: <https://www.health.state.mn.us/diseases/coronavirus/cope.html#prepare>
- Flyers for COVID-19 Community Testing Events: <https://www.health.state.mn.us/diseases/coronavirus/testsites/flyers/index.html>
- How COVID-19 Spreads in Communities video in Vietnamese, Chinese, Spanish, and Hmong: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#protect>
- COVID-19 Contact Tracing: How it Works Video in Karen and Somali, now in 9 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#sick>
- COVID-19 Test at Home: <https://www.health.state.mn.us/diseases/coronavirus/testsites/athome.html>
- NEW COVID-19 Testing (Formerly on Symptoms and Testing webpage): <https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html>
- News Release: Health department to begin texting program to reach positive cases, close contacts: <https://www.health.state.mn.us/news/pressrel/2020/covid111320.html>
- What To Do if an Employee has COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/sickemployee.pdf>
- Guidance for Providing Support to Students in Their Homes: <https://www.health.state.mn.us/diseases/coronavirus/schools/homevisit.pdf>
- What to Do if You Have Had Close Contact With a Person With COVID-19: <https://www.health.state.mn.us/diseases/coronavirus/contact.pdf>
- Avoiding Scams: <https://www.health.state.mn.us/news/phonescams.html>
- COVID-19 Community Coordinators: <https://www.health.state.mn.us/communities/equity/funding/ccc.html>

Governor's Office

- Download Minnesota's COVID-19 Exposure Notification App: <https://covidawaremn.com/>
- MN Stay Safe Plan: <https://mn.gov/covid19/for-minnesotans/stay-safe-mn/stay-safe-plan.jsp>
- Frequently Asked Questions about Stay Safe MN: <https://mn.gov/covid19/for-minnesotans/stay-safe-mn/faq.jsp>
- Who should get tested?: <https://mn.gov/covid19/for-minnesotans/if-sick/is-it-covid/index.jsp>
- Executive Order 20-99: https://mn.gov/governor/assets/EO%2020-99%20Final%20%28002%29_tcm1055-454239.pdf
- Executive Order 20-99 FAQ: https://mn.gov/covid19/assets/eo-2099-faq-20201123_tcm1148-455280.pdf
- Stay Safe MN Social Media Images (multilingual): <https://mn.gov/covid19/media/share-message/social/index.jsp>
- Stay Safe Guidance for Businesses and Organizations: <https://staysafe.mn.gov/industry-guidance/index.jsp>

- NEW COVID-19 Community Testing Sites (formerly on MDH's site): <https://mn.gov/covid19/for-minnesotans/if-sick/testing-locations/community-testing.jsp>
- Reach out to the State of MN with questions: <https://mn.gov/covid19/contact-us/contact-us.jsp>

Mental Health

- Supporting Mental Well-being During COVID-19: <https://www.health.state.mn.us/communities/mentalhealth/support.html>
- Walk In Counseling Center: <https://walkin.org/counseling-services/information-for-clients/>
- Spirit of Harm Reduction: A Toolkit for Communities of Faith Facing Overdose: <https://drive.google.com/file/d/1vBoLDyIvJn6MkekluhTE8QulpQ772vMp/view>

Funding

- Urban Indian Health Institute Community Grants Program (due November 30): <https://www.uihi.org/projects/community-grants-program/>
- Heading Home Alliance: Coronavirus Relief Fund-Emergency Services Program Funds (rolling review until Nov 30): <https://headinghomealliance.com/funding-resources-for-covid-response/>
- Improving Social Determinants of Health – Getting Further Faster (due December 8): https://www.naccho.org/uploads/downloadable-resources/SDOH-RFP_-FINAL1.pdf
- EmPOWERED to Serve (due December 15): <https://www.empoweredtoserve.org/en/capital-access-grant-funding/business-accelerator-minnesota>
- Build Capacity for Delivering Self Advocacy and Training and Support as a Waiver Service (due December 23): https://mn.gov/dhs/assets/2020-rfp-045-12-23-SelfAdvocacyTA-11-9_tcm1053-452469.pdf
- SNAP Retailers Grocery Store Point of Sale Expansion Grant (due December 30): <https://form.jotform.com/202884695063161>
- Updated COVID-19 Waiver to Extend Eligibility for Refugee Cash Assistance: https://www.dhs.state.mn.us/main/idcplg?IdcService=GET_FILE&RevisionSelectionMethod=LatestReleased&Rendition=Primary&allowInterrupt=1&noSaveAs=1&dDocName=dhs-327720
- Energy Assistance Program: <https://mn.gov/commerce/eap.jsp>
 - Flyers in [English](#), [Spanish](#), [Somali](#), and [Hmong](#)
- Housing Assistance Program, available in [English](#), [Spanish](#), [Hmong](#), and [Somali](#)
- Hennepin County Emergency Housing Assistance: <https://www.hennepin.us/rent-help>
 - Need Help Paying Rent? Flyer in [English](#), [Spanish](#), [Somali](#), [Hmong](#), [Oromo](#), and [Russian](#)

Workshops/Webinars:

- Little Moments Count Virtual Event (December 1 at 8am): <http://events.r20.constantcontact.com/register/event?oeidk=a07ehcctphg1fa1e5d6&llr=7ulo9toab>
- NICHQ LENS Care: Leading Equity Now in Systems of Care Webinar (December 1 at 3pm): <https://www.nichq.org/registration-page-lens-care-leading-equity-now-systems-care>
- Call to Mind Presents: MPR News In Focus - Black Youth Resilience in MN (December 2 at 4pm): https://apmg.zoom.us/webinar/register/1216045266370/WN_jzct05CRQRCyNpLUPnzipA
- Conversation about COVID-19 with the MDH Disability Unit and Community Partners (December 3 at 9:30am): <https://zoom.us/meeting/register/tJEsf-2urzMpHNJ0Jm6kW-o-RY0KLEZdyOrc>
- National Indian Health Board Youth Prevention Strategies During COVID-19 Pandemic (December 3 at 2pm): <https://www.nihb.org/covid-19/upcoming-events/webinar-youth-prevention-strategies-during-covid-19-pandemic/>
- All Health Is Not Created Equal: Where You Live Matters (December 9 at 11am): <https://www.nccih.nih.gov/news/events/all-health-is-not-created-equal-where-you-live-matters>
- The Future of the COVID-19 Response: The New Administration, Vaccines, and the Health Care System (recording): <https://nihcm.org/publications/the-future-of-the-covid-19-response>

Other

- COVID-19 Event Risk Assessment Planning Tool: <https://covid19risk.biosci.gatech.edu/>
- Special Education COVID-19 Resources: <https://education.mn.gov/MDE/dse/health/covid19/spedcovid19/>
- Supporting Students and Families COVID-19 Resources: <https://education.mn.gov/MDE/dse/health/covid19/supstuicovid19/>
- Islamic Associate of North American COVID-19 Educational Videos: <https://www.facebook.com/ianaforall/videos/715536275816119>
- Interfaith Action of Greater Saint Paul Rental Assistance Video: <https://youtu.be/y2IN9XH2dKE>
- Interfaith Action of Greater Saint Paul Community Power UP Legal Assistance: <https://interfaithaction.org/what-we-do/powerup/>
- Law Help MN (available in Spanish, Hmong, and Somali): <https://www.lawhelpmn.org/>
- COVID-19 Resources for Families (including resources in Hmong, Somali and Spanish): <https://mn.gov/mmb/childcare/families/>
- COVID-19 Housing Assistance Program Dashboard: <http://www.mnhousing.gov/sites/Satellite?c=Page&cid=1520354068601&pagename=External%2FPage%2FEXTStandardLayout>