



Minnesota Department of Health Resource Updates As of 10/12/20

CDC

- New sanitizers added to the DO NOT USE list by FDA: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-updates-hand-sanitizers-consumers-should-not-use>
- Food and Food System Resources During COVID-19: <https://www.cdc.gov/nutrition/resources-publications/food-and-food-system-resources-during-covid-19-pandemic.html>
- When to Quarantine: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
- Long Term Effects of COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects.html>
- Travel During the COVID-19 Pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>
- People with Developmental and Behavioral Disorders: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-developmental-behavioral-disabilities.html>

MDH

- Safe Voting: <https://www.health.state.mn.us/diseases/coronavirus/voting.html>
- Guidance for Safe Celebrations and Events: <https://www.health.state.mn.us/diseases/coronavirus/safeevents.pdf>
- COVID-19 Vaccine: <https://www.health.state.mn.us/diseases/coronavirus/vaccine.html>
- Indoor Air Considerations: <https://www.health.state.mn.us/diseases/coronavirus/indoorair.html>
- COVID-19 Sports Guidance for Youth and Adults: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>
- About COVID-19 (updated): <https://www.health.state.mn.us/diseases/coronavirus/basics.html>
- Tips to Remember your COVID-19 Contacts: <https://www.health.state.mn.us/diseases/coronavirus/tipscontact.pdf>
- COVID-19 Community Saliva Testing: <https://www.health.state.mn.us/diseases/coronavirus/testsites/saliva.html>
- When can I return to work after being sick with COVID-19? Video in Chinese: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#sick>
- When can I return to work if someone living with me is sick? Video in Chinese and Spanish: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#sick>

- Managing COVID-19 Symptoms at Home Video in Oromo, Swahili, and Vietnamese, now in 12 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#sick>
- Stay Safe PSA Video in Somali, now in 14 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html>
- Protect Yourself & Others: Flu Vaccine: <https://www.health.state.mn.us/diseases/coronavirus/prevention.html#flu>
- Nobles County Serology Study: <https://www.health.state.mn.us/diseases/coronavirus/testsites/nobles.html>
- COVID-19 Community Testing Data: <https://www.health.state.mn.us/diseases/coronavirus/testsites/testdata.html>
- Tips for Wearing a Mask: <https://www.health.state.mn.us/diseases/coronavirus/materials/masktips.pdf>
- Safely Wear Your Mask Video in Hmong: <https://youtu.be/unjCMGGahXk>
- Testing for COVID-19 Video in Arabic, now in 12 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#test>
- COVID-19 Symptoms Video in Lao, now in 12 languages: <https://www.health.state.mn.us/diseases/coronavirus/materials/videos.html#sick>
- COVID-19 Community Testing: <https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html>
 - Hmong: <https://www.health.state.mn.us/diseases/coronavirus/testsites/hmong.html>
 - Somali: <https://www.health.state.mn.us/diseases/coronavirus/testsites/somali.html>
 - Spanish: <https://www.health.state.mn.us/diseases/coronavirus/testsites/spanish.html>

Governor's Office

- Apply to join MN Young Women's Cabinet (Applications due November 2): <https://mn.gov/governor/administration/womens-initiative/>
- Find Testing Locations: <https://mn.gov/covid19/for-minnesotans/if-sick/testing-locations/index.jsp>

Mental Health

- PACER Center Workshops and Recorded Webinars: <https://www.pacer.org/pandr/>
- Mental Health Minnesota: <https://mentalhealthmn.org/support/community-resources/statewide-mental-health-resources/>
- Adult mental health crisis phone numbers: <https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp>

Funding

- Asian and Pacific Islander Nonprofit Resilience Fund (due October 14): grants@laocenter.org
- Heading Home Alliance: Coronavirus Relief Fund-Emergency Services Program Funds (rolling review until November 30): <https://headinghomealliance.com/funding-resources-for-covid-response/>
- McKnight Foundation Vibrant and Equitable Communities Grant (Initial Inquiry due October 15): <https://www.mcknight.org/programs/vibrant-and-equitable-communities/>
- Southern Minnesota Initiative Foundation Inclusive and Equitable Communities Grant (due October 26): <https://smifoundation.org/grants/for-grant-seekers/inclusive-and-equitable-communities/>
- Greater Minnesota Transportation Alternatives Solicitation (LOI due October 30): <http://www.dot.state.mn.us/ta/>

- Community Change Grants (due November 9): <https://americawalks.org/community-change-grants/>
- Youth/Young Adult Violence Intervention, Crime Victim Services and Community COVID Response (until funding runs out or November 16, 2020): <https://dps.mn.gov/divisions/ojp/grants/Pages/covid-19-youth-intervention-crime-victim-services-funds.aspx>
- Safe Routes to School Boost Grants (due November 25)
 - Boost Grants: <http://www.dot.state.mn.us/saferoutes/boost-grants.html>
 - Planning Assistance: <http://www.dot.state.mn.us/saferoutes/planning-grants.html>
- Housing Assistance Program: <http://www.mnhousing.gov/sites/np/covid19housingassistanceprogramFAQ>
 - Available in [Spanish](#), [Hmong](#), and [Somali](#)
- Hennepin County Emergency Housing Assistance: <https://www.hennepin.us/rent-help>
 - Need Help Paying Rent? Flyer in [English](#), [Spanish](#), [Somali](#), [Hmong](#), [Oromo](#), and [Russian](#)

Workshops/Webinars:

- Building Healthy and Resilient Communities During COVID-19 (October 14 at 3pm): <https://astho.org/t/event.aspx?eventid=22833>
- COVID-19 and Mental Health in the Workplace: Solutions for Employers and Employees (October 19 at 12pm): <https://www.nihcm.org/event-registration>
- Educating Your Child with Mental Health Needs: Special Education and Distance Learning (October 20 at 6:30pm): <https://register.gotowebinar.com/rt/1834001197785703440>
- ADA National Network Learning Session: Centers for Medicare and Medicaid (CMS) Efforts to Increase Health Care Access and Quality of Care for People with Disabilities (October 22 at 1:30pm): <https://adata.org/event/ada-national-network-learning-session-centers-medicare-and-medicaid-cms-efforts-increase>
- Mental Health First Aid: A Primer for Public Health Professionals and Communities (October 22 at 2pm): https://thenationalcouncil.org.zoom.us/webinar/register/WN_rYXwrvFxQDWdaeXoi47cQQ
- ADA 30th Anniversary Celebration Webinar (October 26 at 1pm): https://minnstate.zoom.us/webinar/register/WN_uYQOZ5gnQ7yGRTlrfE4brA

Other

- MN Department of Education COVID-19 Updates, now in Karen, Spanish, Hmong, and Somali: <https://education.mn.gov/MDE/dse/health/covid19/>
- City of Minneapolis 2020 Voter Guide (English, Hmong, Somali, and Spanish): <https://vote.minneapolismn.gov/voters/voting-guide/>
- Disability Hub MN: <https://disabilityhubmn.org/>
- American Diabetes Associate Project Power (free, at-home afterschool activities for kids): <http://www.diabetes.org/community/project-power>
- A Toolkit to Ensure People Experiencing Homelessness Can Exercise Their Right To Vote: https://endhomelessness.org/wp-content/uploads/2020/09/NAEH_EveryOneVotes_05.pdf
- Boo to the Flu Social Media Toolkit: <https://www.vaccines.gov/flu-toolkit>
- Mask Pride Posters in [English](#), [Chinese simplified](#), [Chinese traditional](#), [Hmong](#), [Korean](#), [Thai](#), and [Vietnamese](#)
- Worker Protections During COVID-19 video in
 - English: <https://youtu.be/DkGkXXwvtm0>
 - Hmong: <https://youtu.be/cZVs4oKx5o0>
 - Somali: <https://youtu.be/2bYzSZXwnoM>
 - Spanish: <https://youtu.be/Uke3jZdp4eg>

- Addressing Inequities in Education: Considerations for American Indian and Alaska Native Children and Youth in the Era of COVID-19: <https://www.srkd.org/research/addressing-inequities-education-considerations-american-indian-and-alaska-native-children>
- Addressing Inequities in Education: Considerations for Asian American Children and Youth in the Era of COVID-19: <https://www.srkd.org/research/addressing-inequities-education-considerations-asian-american-children-and-youth-era-covid>
- Addressing Inequities in Education: Considerations for Black Children and Youth in the Era of COVID-19: <https://www.srkd.org/research/addressing-inequities-education-considerations-black-children-and-youth-era-covid-19>
- Addressing Inequities in Education: Considerations for Latinx Children and Youth in the Era of COVID-19: <https://www.srkd.org/research/addressing-inequities-education-considerations-latinx-children-and-youth-era-covid-19>
- Addressing Inequities in Education: Considerations for LGBTQ+ Children and Youth in the Era of COVID-19: <https://www.srkd.org/research/addressing-inequities-education-considerations-lgbtq-children-and-youth-era-covid-19>